



| | |
|---|---|
| <p>Strategic target area</p>  | <p>‘The rehabilitative society’ Rehabilitation as a strategy to reform Swedish cancer treatment and care – action science and business development starting in Uppsala region.</p> |
| <p>Overlapping target areas</p> |  |
| <p>Purpose Background</p> | <p>The action is run through Vision Zero Cancer and is integrated into an ongoing development of cancer rehabilitation run at Uppsala University Hospital together with Uppsala region, Uppsala municipality, the Swedish Social Insurance Agency and the Employment Service. Gradually, additional financiers and actors are being linked to the action, such as culture and citizen organisations, sports associations, schools and business. The project has an outset in lung cancer.</p> |
| <p>Goal Impact</p> | <p>Develop new ways of working with rehabilitation in cancer diagnoses, as well as a methods for coordination and management that allows patients and loved ones to perceive that they have <i>one</i> partner and point of contact. Rehabilitation should consist of healthcare and other actors in partnership with patients and loved ones building a health-promoting life with the best possible quality of life.</p> |
| <p>Activities Deliverables</p> | <p>During the feasibility study, seven strategic areas have been identified in which different subprojects and development activities have been identified:</p> <ul style="list-style-type: none"> • Enhanced patient self-management • E-health, digital rehabilitation • Relatives, loved ones and networks • New tools and methods • Quality assurance, statistics and knowledge management • Good quality and local health care • Life context and quality of life |
| <p>Results Effect</p> <p><i>How the action contributes to achieving the 2030 Agenda and the vision to transform cancer from a mortal to a curable or chronic disease</i></p> | <p>The action is developed in four phases over four years. The work will be disseminated and scaled up nationally and internationally. New working methods, system developments, digital rehabilitation centres and educational instruments are examples of expected results.</p> <p>Agenda 2030 broadens the focus from survival to people further living sustainable, long and healthy lives as far as possible. Based on the diagnosis of cancer, the developments will change and renew the view of how rehabilitation can become a platform for developments around self-care; based on e-health solutions, prevention, inclusive knowledge and an approach among patients and loved ones that naturally leads to people centered health care.</p> |
| <p>Time frame</p> | <p>Pre-study: 09/2020 – 03/2021 Main study/development work: 2021-2024</p> |
| <p>Project manager</p> | <p>Mats Tyrstrup, associate professor, Stockholm School of Economics and Leading Health Care. Fatane Saleh, business developer - cancer rehabilitation, Uppsala University Hospital</p> |
| <p>Project partners</p> | <p>Pre-study: Uppsala University Hospital and Stockholm School of Economics Institute for Research, Vision Zero Cancer</p> |
| <p>Other key players</p> | <p>Region Uppsala, Uppsala Municipality, the Employment Service, the Swedish Social Insurance Agency, The Swedish Lung Cancer Patient Association, the Swedish Network against Cancer (umbrella org. of patient associations), the Confederation of Regional Cancer Centres (RCC)</p> |
| <p>Version, date</p> | <p>Version 1. 2, 2021-02-28</p> |